

## Consumer Reports Tips for Travelers

In the November 2020 issue, Consumer Reports offers tips for travelers. Some steps you may already know, but some you may want to take as extra preventive measures to protect yourself from COVID-19.

### **Air Travel:**

- Take and use hand sanitizer (up to 12 oz. is allowed).
- Wear a face shield in addition to a mask to protect eyes and deter face-touching
- Consider waiting to be among last to board to reduce # of travelers passing you on way to their seats.
- Take the window seat to reduce risk (as this increases distance from passengers and crew walking down aisle).
- Disinfect anything you might touch - armrests, tray table, window shade, & air nozzle - then sanitize your hands.
- Aim air vent at your face (as this may keep viruses more at bay).
- Use bathroom only if you must, wear mask, disinfect surfaces and knobs before touching them & sanitize after exiting.

### **Other Air Travel Tips from Trusted, Health Professional & Frequent Flyer:**

- Wear long sleeves and long pants and then wash them (and yourself) as soon as possible.
- Accept beverages from cans only (none served in cups) and immediately wipe down the can with sanitizing wipes.
- Sanitize hands after touching luggage compartment handles.

### **Rental Vehicles:**

- Use rental programs that allow you to go straight to waiting vehicle (like Hertz Gold or Avis Preferred).
- Open windows before driving to air out vehicle.
- Swab steering wheels, shifter & knobs, doorframe, seat-buckles, and other high-touch surfaces.
- Wash hands before driving.